

LUNEDÌ	MARTEDI	MERCOLEDÌ	GIOVEDÌ	VENERDÌ	SABATO
PERSONAL TRAINING INDIVIDUALE-COPPIA	07.00 PINKENERGY PILATES* 50'	PERSONAL TRAINING INDIVIDUALE-COPPIA	07.00 PINKENERGY BOOTCAMP* 50'		
09.00 PINKENERGY BOOTCAMP* 50'		09.00 PINKENERGY BOOTCAMP* 50'	09.00 PINKENERGY PILATES* 50'	09.00 PINKENERGY BOOTCAMP* 50'	09.00 PINKENERGY BOOTCAMP*** 50'
10.00 PINKENERGY PILATES*** 50'	PERSONAL TRAINING INDIVIDUALE-COPPIA	10.00 PINKENERGY PILATES* 50'	PERSONAL TRAINING INDIVIDUALE-COPPIA		
PERSONAL TRAINING INDIVIDUALE-COPPIA	12.30 PINKENERGY PILATES* 50'	PERSONAL TRAINING INDIVIDUALE-COPPIA	12.30 PINKENERGY PILATES* 50'	PERSONAL TRAINING INDIVIDUALE-COPPIA	PERSONAL TRAINING INDIVIDUALE-COPPIA
PERSONAL TRAINING INDIVIDUALE-COPPIA	PERSONAL TRAINING INDIVIDUALE-COPPIA	PERSONAL TRAINING INDIVIDUALE-COPPIA	PERSONAL TRAINING INDIVIDUALE-COPPIA		
18.30 PINKENERGY PILATES* 50'	18.00 PILATES IN GRAVIDANZA* 50'	18.00 PINKENERGY PILATES*** 50'		18.30 PINKENERGY BOOTCAMP*** 50'	
19.30 PINKENERGY BOOTCAMP* 50'	19.00 PILATES IN GRAVIDANZA* 50'	19.00 PINKENERGY BOOTCAMP* 50'		PERSONAL TRAINING INDIVIDUALE-COPPIA	

* IN STUDIO - *** ONLINE E IN STUDIO